

**Newsletter**

**July 2024**

Well done to everyone who competed at the recent club competition and congratulations to all the students who managed to win a medal. A big thanks to all our instructors, mentors and parents who helped make the day a success.

Summer is on its way which means Sensei Danny will be running the popular summer karate camp from Monday 5th August to Wednesday 7th August.

Forms will be out early July.

#### Saturday grading course for all students

There will be a special grading course on **Saturday 6th July** to be heldat New Milton Health & Leisure Centre, (Gore Road, New Milton. BH25 6RR)

This course will be a pre-grading for your next belt (or tag) and is important if you wish to grade in July.

 White & Red belts: - 10.00am – 11.00am

 Yellow & Orange tag - 11.00am –12.00pm

 Orange belt to blue tag. - 12.00pm – 1.00pm

 Blue belt and above. - 1.00pm - 2.00pm

### Advanced Course

There will be an advanced course on **Sunday 7th July** for students’ blue belt and above to be held at New Milton Health and Leisure Centre. (Gore road, BH25 6RR). This course will cover important advanced work which is vital for students wishing to grade in July.

**Time: 10.00am – 12.00pm Cost: £18.00**

Please make payment to the SEKF – Account: 03807886 - Sort Code: 20-96-96

### Southern England Karate Federation Grading

## The grading is an exam where students from all the different clubs within the SEKF are assembled and assessed for their next grade (belt/tag). Please note that students must wear their full karate suit, belt and badge.

## **NB.** It is necessary for student’s yellow belt & above to bring mitts and gum shields.

The SEKF Grading will be held over two days and will take place at **New Milton Health & Leisure centre.**

Students currently blue belt and above will grade on **Saturday 13th July.**

Students white belt to blue tag will grade on **Sunday 14th July.**

Please make sure you fill out the grading form and licence form (if applicable) answering all questions correctly to avoid being placed into the wrong grading.

Please complete the grading / licence forms no later than **Sunday 7th July by 8.00pm** as the link will expire.

### White belts please note.

In addition to your grading form, you will be required to complete a licence form. Both forms will be added to the club information WhatsApp group on Tuesday 25th June. Please fill out both forms and send via the forms link.

Please note it is compulsory to be licenced before taking your first belt.

**If you would like further private tuition** in preparation for the next grading in July, please do not hesitate to organise a date/time with Sensei Danny.

If you have any queries, please do not hesitate to contact either Danny or myself

**Sensei Collin -**  07966 303 585 **Sensei Danny** - 07813 329 710

collinrudkin@gmail.com [www.sekf.co.uk](http://www.sekf.co.uk)